

SAMA KARATE ORGANISATION









Chief Instructor Hanshi Alan Gibson
7th Dan

Assistant Chief Instructor Shihan David Jacobs
6th Dan

SAMA KARATE SOUTH EAST
CLUB GRADING
SATURDAY 26th MARCH 2011

AT THE HENFIELD LEISURE CENTRE

Times:-

Lesson	12.30pm
Grading for:-	
 Red	1.40pm
 Yellow	
 Orange	
 Orange + White	
 Green	2.30pm
 Green + White	
 Blue	
 Blue + White & Above	
Kickboxers	3.00pm

Note

Please arrive 15 minutes before your grade is due to start.

All students must have a current membership & EKGB Personal Injury Insurance Policy

No membership or insurance - no grade - these can be renewed on the day.

All students must wear a clean white Karate suit with a SAMA badge on the left hand side and no jewellery is to be worn. Due to escalating bank charges we can no longer accept any cheques under £25.00. Refreshments will be available with all proceeds going to our free sama kids Christmas party

Cost

Karate pre-grade Lesson

Children & Youths £4.00 Adults £5.00

Karate & Kickboxing

	Red - Blue stripe Belts	Brown Belts	1st KYU
Children & Youths	£15.00	£20.00	£25.00
Adults	£20.00	£25.00	£30.00

空手

Phone (01273) 261242 / 07876 617115 for details

www.samasoutheast.co.uk

