



# SAMA

## SOUTHEAST



## KARATE & KICKBOXING GRADING

**SATURDAY 21st NOVEMBER 2020**

**Henfield Leisure Centre**

The King's Field Henfield, West Sussex BN5 9QB

### **Karate Grading: White to 1st KYU**

Pre-grade lesson for: White and Red	Start time: 10:00am
Belt Grading for: Red and Yellow	Start time: 11:00am
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Pre-grade lesson for: Yellow to Green	Start time: 12:30pm
Belt Grading for: Orange to Green Stripe	Start time: 1:30pm
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Pre-grade lesson for: Green Stripe to Brown Stripe	Start time: 3:00pm
Belt Grading for: Blue to Red/White/Blue	Start time: 4:00pm

### **Kickboxing Grading all grades**

Kickboxers all grades:	Start time: 5:00pm
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All Gradings need to be booked online in advance. No cash or any kind of payment will be taken on the day. Pre-grade lesson, Grading and belts will be included with your booking. Please note Due to government guidelines and social distancing parents are not permitted to Enter the centre or stay during the pre grade lesson or the grading. Please arrive on time independent of your grade. White and Red Belts arrive 10am, Yellow to Green belts arrive 12.30pm, Green stripe and above arrive 3.00pm & Kickboxers arrive 5.00pm.

Merchandise Equipment and Refreshments will not be available on the day. You Can purchase Merchandise and Equipment on our website will post to you or give to you/child on the day.

#### **DON'T FORGET TO BRING**

SAMA Grading and Licence Book If you do not have this you will not be able to grade. Please also make sure your membership book is in good condition as books that are torn, damaged, pages missing etc will also not be accepted. If you do have an issue with your book or membership certificate please make sure you speak to your class instructor regarding this well before your grade test. Charges for new book £5.00

**White belts will receive grading and licence book after the grading.**

For grading cost please visit our website: (Cost includes Grading, Lesson and Belt)

**Phone: 01444 461889 / 07876 617115 for details**

**Email: [info@samasoutheast.co.uk](mailto:info@samasoutheast.co.uk)**

**Website: [www.samasoutheast.co.uk](http://www.samasoutheast.co.uk)**