

# SAMA SOUTHEAST

**SATURDAY 20TH APRIL 2024**

**Henfield Leisure Centre**

The King's Field Henfield, West Sussex BN5 9QB

## **Karate Grading**

### **Pre-grade lesson and grading for:**

1. White Belt grading to Red Belt
2. Red Belts grading to Yellow Belt
3. Yellow Belt grading to Orange Belt
4. Orange Belt grading to Orange stripe Belt
5. Orange stripe Belt grading to Green Belt
6. Green Belt grading to Green stripe Belt
7. Green stripe Belt grading to Blue Belt
8. Blue Belt grading to Blue stripe Belt
9. Blue stripe Belt grading to Brown Belt
10. Brown Belt grading to Brown stripe Belt
11. Brown stripe Belt grading to 1st Kyu Red/white Belts

**Start time: 12:30pm**

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## **Kickboxing Grading**

Kickboxers all grades including Black belt grading:

**Start time: 3:30pm**

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**Please Book your grading at: [bookinclass.co.uk](http://bookinclass.co.uk)  
login in to your account then select (All Events) click in to correct area and discipline  
Book the belt your grading for**

Please ensure all grading sessions are scheduled online beforehand, as we will not accept cash or any other form of payment on the day of the event. The pre-grade lesson, grading, belts, and equipment costs are all included in your initial booking. It's important to note that due to limited space at the venue and our insurance policy, parents are unable to remain on-site during the pre-grade lesson or the grading itself. Make sure to arrive 15 minutes early, regardless of your grading level.

### **DON'T FORGET TO BRING**

Please ensure you have your SAMA Grading and Licence Book for the session. If it's missing or has been misplaced, notify us promptly. All students are required to wear a clean white Karate uniform (Gi) adorned with a SAMA badge on the left-hand side, and no jewellery should be worn during the class. Your membership book must be well-maintained with no torn, missing, or damaged pages; books in poor condition will not be accepted. If there's a problem with your Grading Book, it's important to address it with your class instructor well in advance of your grading test. Charges for new book is £5.00.

Phone: 01444 461889 / 07876 617115 for details

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