

SAMA SOUTHEAST

SATURDAY 12th JULY 2025

Henfield Leisure Centre

The King's Field Henfield, West Sussex BN5 9QB

Karate Grading

Pre-grade lesson and grading for:

1. White Belt grading to Red Belt
2. Red Belts grading to Yellow Belt
3. Yellow Belt grading to Orange Belt
4. Orange Belt grading to Orange stripe Belt
5. Orange stripe Belt grading to Green Belt
6. Green Belt grading to Green stripe Belt
7. Green stripe Belt grading to Blue Belt
8. Blue Belt grading to Blue stripe Belt
9. Blue stripe Belt grading to Brown Belt
10. Brown Belt grading to Brown stripe Belt
11. Brown stripe Belt grading to 1st Kyu Red/white Belts

Start time: 12:00pm

Kickboxing Grading

Kickboxers all grades including Black belt grading:

Start time: 3:00pm

Please Book Your Grading at: bookinclass.co.uk

Log in to your account, select All Events. Choose the correct area and discipline. Book the belt you are grading for. All grading sessions must be booked online in advance, as no payments will be accepted on the day.

Your booking covers the pre-grade lesson, grading, belts, and equipment. Due to venue space and insurance policies, parents cannot stay on-site during grading. Please arrive 15 minutes early. **Don't Forget to Bring:** SAMA Grading and Licence Book (contact us if missing). Clean white Karate uniform (Gi) with a SAMA badge. No jewellery. Membership book must be in good condition. Replacement books are £5.00.

Southeast Kids Camps Christmas Holidays

Join Our **February Half Term Activity Club**!! Get ready for a fun-filled week of exciting activities and the chance to make new friends!

🌟 Special Offer for SAMA Students: Enjoy a 15% discount with the code: **SAMASTUDENT15**

📍 Venues: Quayside Youth centre Southwick

📅 Dates: Monday, 23rd December - 3rd January Hours: 9:00 am – 4:00 pm (Early drop-off and late pick-up options available)

👤 Ages: 4–11 Don't miss out on the festive fun—book your spot today!

Register and book your space at : Southeastkidscamps.co.uk

Phone: 0333 444 5100 for details (Office hours 9am-5pm)